



### PERSONAL HISTORY FORM

**SECTION I: Client Information**

Client ID #: \_\_\_\_\_ Date: \_\_\_\_\_ DX: \_\_\_\_\_  
(For Office Use Only)

Name of Client: \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_\_

Social Security Number: \_\_\_\_\_ Referred by: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Other: \_\_\_\_\_

May I leave a message at home? Yes \_\_\_ No \_\_\_ At work? Yes \_\_\_ No \_\_\_ On cell? Yes \_\_\_ No \_\_\_

Email Address: \_\_\_\_\_

Place of Employment: \_\_\_\_\_

Occupation: \_\_\_\_\_ Hours Worked: \_\_\_\_\_

Relationship Status: Single \_\_\_ Married \_\_\_ Partnered \_\_\_ Divorced \_\_\_ Widowed \_\_\_  
Other \_\_\_\_\_

Name of spouse/partner or closest friend or relative to you: \_\_\_\_\_

Relationship (if other than spouse/partner): \_\_\_\_\_

Phone Number: \_\_\_\_\_ Place of Employment: \_\_\_\_\_

Chief complaint or issues you are concerned with: \_\_\_\_\_

List any major health problems for which you currently receive treatment: \_\_\_\_\_  
\_\_\_\_\_

List all medications you are currently taking: \_\_\_\_\_  
\_\_\_\_\_

Current prescribing physician/psychiatrists: \_\_\_\_\_

Have you ever received psychiatric help or counseling of any kind before? \_\_\_\_\_

If so, when and with whom? \_\_\_\_\_

What issues were addressed? \_\_\_\_\_

Do you use alcohol? (mark one) Never \_\_\_ Occasionally \_\_\_ Often \_\_\_ Daily \_\_\_

Do you use drugs? (mark one) Never \_\_\_ Occasionally \_\_\_ Often \_\_\_ Daily \_\_\_

How is your physical health? Excellent \_\_\_ Good \_\_\_ Fair \_\_\_ Poor \_\_\_

**SECTION II: Identification of Symptoms**

Please rate all responses based on level of distress or concern.

- | 1  | 2 | 3        | 4 | 5   |
|--|---|----------|---|---|
| None   |   | Moderate |   | Extreme   |
| 1. Ambition _____  |   |          |   | 25. Emotional abuse _____   |
| 2. Career choices _____  |   |          |   | 26. Accident, trauma, assault _____   |
| 3. Fears _____   |   |          |   | 27. Sexual harassment _____   |
| 4. Unrealistic self-expectations _____                                   |   |          |   | 28. Sexual abuse as a minor _____   |
| 5. Making decisions _____  |   |          |   | 29. Rape/Sexual assault _____   |
| 6. Concentration/Memory _____  |   |          |   | 30. Sexual identity concerns _____  |
| 7. Coping skills _____   |   |          |   | 31. Adjustment to major life changes _____  |
| 8. Sleep difficulties/Insomnia _____                                     |   |          |   | 32. Depression _____  |
| 9. Lack of intimate relationships _____                                  |   |          |   | 33. Irritable/angry feelings _____  |
| 10. Conflicts in intimate relationships _____                            |   |          |   | 34. Anxiety/stress _____  |
| 11. Physical violence in intimate relationships _____                    |   |          |   | 35. Panic attacks _____   |
| 12. Loss of intimate relationships/Divorce _____                         |   |          |   | 36. Obsessive thoughts/compulsive behavior _____  |
| 13. Parenting _____  |   |          |   | 37. Thoughts of suicide _____   |
| 14. Family Conflicts _____   |   |          |   | 38. Past attempts of suicide (yes or no) _____<br># of attempts (if none, put zero) _____ |
| 15. Family member with alcohol or substance abuse _____                  |   |          |   | 39. Impulsive behavior _____  |
| 16. Lack of social contact/shyness _____                                 |   |          |   | 40. Bizarre or strange thoughts _____   |
| 17. Commitment issues _____  |   |          |   | 41. Self mutilation _____   |
| 18. Death or impending death of a friend, family member or partner _____ |   |          |   | 42. Severe premenstrual syndrome (PMS) _____  |
| 19. Religious /Spiritual concerns _____                                  |   |          |   | 43. Pregnancy/abortion concerns _____   |
| 20. Multicultural issues/concerns _____                                  |   |          |   | 44. Infertility _____   |
| 21. Financial concerns _____   |   |          |   | 45. Sexually Transmitted Disease _____  |
| 22. Legal concerns _____   |   |          |   | 46. AIDS/HIV issues (self, friends, family) _____   |
| 23. Low self-esteem _____  |   |          |   | 47. Weight concerns/body image issues _____   |
| 24. Feelings of extreme loneliness _____                                 |   |          |   | 48. Health Concerns _____   |
|  |   |          |   | 49. Serious illness, past or present _____  |

**Which #'s above are of most concern?**

Most important is # \_\_\_\_\_

Next important is # \_\_\_\_\_

Next important is # \_\_\_\_\_

**SECTION III: Responsible Party (complete only if client is younger than 18 years old)**

Father's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Father's Employer: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Mother's Employer: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Parent's Home Phone Number (if different from client's): \_\_\_\_\_  
Parent's address (if different from client's): \_\_\_\_\_  
\_\_\_\_\_

**SECTION IV: Insurance Information**

*If you believe your insurance may cover a portion of your visits here, please complete the following information (please read "Client Services Contract" carefully):*

**Insurance Company:** \_\_\_\_\_

Address: \_\_\_\_\_

Insurance Plan Name: \_\_\_\_\_

Phone Number of Insurance Company: \_\_\_\_\_ ID Number: \_\_\_\_\_

Policy Number: \_\_\_\_\_ Group Number: \_\_\_\_\_

Name of Policy Holder (if different from client): \_\_\_\_\_

Policy Holder's Date of birth (if different from client): \_\_\_\_/\_\_\_\_/\_\_\_\_

Address of Policy Holder (if different from client): \_\_\_\_\_  
\_\_\_\_\_

Policy Holder's Place of Employment: \_\_\_\_\_

Relationship of insured to client (if applicable): \_\_\_\_\_

**Secondary Insurance Company (if applicable):** \_\_\_\_\_

Address: \_\_\_\_\_

Insurance Plan Name: \_\_\_\_\_

Phone Number of Insurance Company: \_\_\_\_\_ ID Number: \_\_\_\_\_

Policy Number: \_\_\_\_\_ Group Number: \_\_\_\_\_

**I give permission for Betty-Shannon Prevatt, MA to release any information obtained throughout the course of my treatment to my insurance company.**

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**I understand that Betty-Shannon Prevatt, MA, LPA does not file insurance and that I may file for reimbursement from my insurance. I understand that the fee for services is my responsibility and I agree to pay in full for my sessions at the time of service unless another payment agreement has been made in writing.**

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_